

# Planning in Latent Action Spaces: A Comparative Analysis of Sampling and Optimization Strategies

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## ABSTRACT

Latent action world models learn action representations from unlabeled video by inferring latent action vectors via inverse dynamics. While planning through explicit action-to-latent mappings yields competitive results, planning directly in continuous latent action spaces remains open due to geometry-dependent sampling challenges. We present a computational framework comparing five planning algorithms—Cross-Entropy Method (CEM), Model Predictive Path Integral (MPPI), gradient-based optimization, Stochastic Gradient Langevin Dynamics (SGLD), and diffusion-based planning—across three latent space geometries (VAE, sparse EBM, VQ-VAE) at latent dimensions  $d \in \{4, 8, 16, 32\}$  and planning horizons  $h \in \{4, 8, 16\}$ . Our experiments reveal that CEM achieves the lowest goal distance overall (0.141 on sparse-EBM at  $d=8$ ), while diffusion-based planning produces the smoothest trajectories (0.72 vs. CEM’s 2.08) using the fewest samples (1050 vs. 2000). VQ-VAE geometries exhibit the highest planning amenability scores (0.56–0.74), confirming that discrete latent structure facilitates search. In continuous spaces, planning difficulty scales superlinearly with latent dimension for all methods, with CEM degrading from 0.039 at  $d=4$  to 1.189 at  $d=16$ . Diffusion-based planning exhibits the most robust scaling behavior, suggesting that learned generative priors over action sequences offer a principled path toward planning directly in latent action spaces.

## CCS CONCEPTS

- Computing methodologies → Planning and scheduling; Neural networks.

## KEYWORDS

latent action spaces, world models, planning algorithms, diffusion planning, latent space geometry

## ACM Reference Format:

Anonymous Author(s). 2026. Planning in Latent Action Spaces: A Comparative Analysis of Sampling and Optimization Strategies. In *Proceedings of ACM Conference (Conference’17)*. ACM, New York, NY, USA, 7 pages. <https://doi.org/10.1145/nnnnnnnnnnnnnnn>

## 1 INTRODUCTION

World models that learn dynamics from raw sensory data have emerged as a powerful paradigm for model-based planning and

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*Conference’17, July 2017, Washington, DC, USA*

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ACM ISBN 978-x-xxxx-xxxx-x/YY/MM...\$15.00

<https://doi.org/10.1145/nnnnnnnnnnnnnnn>

reinforcement learning [5, 6, 15]. A key limitation of traditional world models is their dependence on action labels—requiring that every training frame be annotated with the action that produced it. This constraint limits applicability to settings where actions are known and standardized, excluding the vast corpus of unlabeled video available on the internet.

Latent action world models address this limitation by jointly learning an inverse dynamics model  $q(\mathbf{a}_t \mid \mathbf{s}_t, \mathbf{s}_{t+1})$  that infers a latent action vector  $\mathbf{a}_t$  explaining each state transition, alongside a forward dynamics model  $p(\mathbf{s}_{t+1} \mid \mathbf{s}_t, \mathbf{a}_t)$  conditioned on these inferred actions [4]. Recent work has demonstrated that such models, trained on large-scale in-the-wild video, yield competitive planning performance when a small controller maps known actions into the learned latent space.

However, this reliance on an explicit action-to-latent mapping is a fundamental bottleneck. The open problem—articulated by Garrido et al. [4]—is to perform planning *directly* in the continuous latent action space. The central challenge is that different regularization schemes (VAE, energy-based, or vector-quantized) impose distinct geometric structures on the latent space, and standard sampling procedures may produce out-of-distribution actions that degrade planning quality. As latent capacity increases, the volume of valid latent actions becomes a vanishing fraction of the ambient space, making naive sampling exponentially inefficient.

In this paper, we present a systematic computational framework for studying planning in latent action spaces. Our contributions are:

- A simulation framework for latent action spaces under three regularization geometries (VAE, sparse EBM, VQ-VAE) with controlled dimensionality and known dynamics, enabling reproducible evaluation.
- A comparative study of five planning algorithms—CEM, MPPI, gradient-based, SGLD, and diffusion-based—evaluated on goal distance, trajectory smoothness, robustness, and computational cost across dimensions  $d \in \{4, 8, 16, 32\}$  and horizons  $h \in \{4, 8, 16\}$ .
- Quantitative geometry metrics (planning amenability, effective dimension) that predict planning difficulty and correlate with planner performance.
- Evidence that diffusion-based planning, while not always achieving the lowest goal distance, produces the smoothest trajectories with the fewest samples and exhibits the most robust scaling behavior—supporting the hypothesis that learned generative priors are a principled approach to this problem.

## 1.1 Related Work

*World Models and Model-Based Planning.* Learning dynamics models from observations for planning has a rich history. Ha and

117 Schmidhuber [5] introduced compact world models with VAE-  
 118 encoded observations and RNN dynamics. The Dreamer line of  
 119 work [6, 7] demonstrated that latent imagination enables effective  
 120 policy learning across diverse domains. MuZero [15] showed that  
 121 planning with a learned model can achieve superhuman perfor-  
 122 mance without access to environment rules. TD-MPC [8] combined  
 123 temporal difference learning with model predictive control in latent  
 124 spaces. All of these approaches assume known action spaces during  
 125 training.

126 *Latent Action Discovery.* Learning action representations from  
 127 unlabeled data has been explored through inverse dynamics mod-  
 128 els, where a latent variable explains observed transitions. Garrido  
 129 et al. [4] scaled this approach to in-the-wild video, using regular-  
 130 ized latent actions (VAE, sparse EBM, VQ-VAE) and demonstrating  
 131 that planning through a learned action mapping is competitive  
 132 with action-labeled baselines. They identify planning directly in  
 133 latent action space as an open problem, noting geometry-dependent  
 134 sampling challenges.

135 *Planning Algorithms.* The Cross-Entropy Method (CEM) [14] and  
 136 MPPI [19] are widely used sampling-based planners in model-based  
 137 RL. Gradient-based planning backpropagates through differentiable  
 138 world models [6]. For energy-based models, SGLD [18] provides a  
 139 sampling mechanism but faces mixing challenges in multimodal  
 140 landscapes [3, 12]. Diffusion-based planning [1, 10] frames trajec-  
 141 tory generation as iterative denoising, with recent extensions to  
 142 latent spaces [2, 13].

143 *Latent Space Geometry.* The geometry of learned latent spaces  
 144 has significant implications for downstream tasks. VAE regular-  
 145 ization [11] produces approximately Gaussian latent distributions.  
 146 VQ-VAE [17] discretizes the latent space via codebook quantization.  
 147 Energy-based models [3, 12] learn flexible distributions but pose  
 148 sampling challenges. Score-based generative models [9, 16] provide  
 149 a framework for sampling from complex distributions via iterative  
 150 denoising.

## 154 2 METHODS

### 155 2.1 Latent Space Simulation

156 To study planning under controlled conditions, we simulate latent  
 157 action spaces with three regularization geometries that correspond  
 158 to the architectures examined by Garrido et al. [4]:

159 *VAE Geometry.* The aggregate posterior  $q(\mathbf{a})$  is modeled as a  
 160 mixture of  $K=8$  Gaussians with means drawn from  $\mathcal{N}(\mathbf{0}, 4\mathbf{I})$  and  
 161 component variance  $\sigma^2 = 0.25$ . This produces a smooth, multimodal  
 162 manifold where the high-density region occupies a moderate frac-  
 163 tion of the ambient space. Formally, we sample

$$164 \mathbf{a} \sim \frac{1}{K} \sum_{k=1}^K \mathcal{N}(\boldsymbol{\mu}_k, \sigma^2 \mathbf{I}), \quad (1)$$

165 where  $\boldsymbol{\mu}_k \sim \mathcal{N}(\mathbf{0}, 4\mathbf{I})$  are fixed mode centers.

166 *Sparse EBM Geometry.* For energy-based regularization with  $L_1$   
 167 sparsity, each sample has only a fraction  $\rho = 0.3$  of its dimensions  
 168 active. The active dimensions are drawn uniformly and populated

169 with  $\mathcal{N}(0, 2.25)$  values:

$$170 a_j = \begin{cases} z_j \sim \mathcal{N}(0, 2.25) & \text{if } j \in \mathcal{S}, |\mathcal{S}| = \lfloor \rho d \rfloor \\ 0 & \text{otherwise} \end{cases} \quad (2)$$

171 This creates an energy landscape with sharp ridges along coordinate-  
 172 aligned subspaces.

173 *VQ-VAE Geometry.* The codebook-quantized space is modeled as  
 174  $K=8$  discrete centroids with small additive noise:

$$175 \mathbf{a} = \mathbf{c}_k + \boldsymbol{\epsilon}, \quad k \sim \text{Uniform}(1, K), \quad \boldsymbol{\epsilon} \sim \mathcal{N}(\mathbf{0}, 0.0025\mathbf{I}), \quad (3)$$

176 where  $\mathbf{c}_k \sim \mathcal{N}(\mathbf{0}, 4\mathbf{I})$  are fixed codebook entries. This geometry con-  
 177 centrates probability mass near a small number of discrete points.

178 All three geometries are instantiated at latent dimensions  $d \in$   
 179  $\{4, 8, 16, 32\}$ .

## 180 2.2 World Model

181 We define a synthetic world model with known nonlinear dynamics  
 182 to enable exact evaluation of planning quality:

$$183 \mathbf{s}_{t+1} = \tanh(\mathbf{A}\mathbf{s}_t + \mathbf{B}\mathbf{a}_t + \mathbf{b}), \quad (4)$$

184 where  $\mathbf{A} \in \mathbb{R}^{d \times d}$  is a stable dynamics matrix (spectral radius  $< 0.9$ ),  
 185  $\mathbf{B} \in \mathbb{R}^{d \times d}$  maps latent actions to state changes, and  $\mathbf{b} \in \mathbb{R}^d$  is a bias  
 186 term. The  $\tanh$  nonlinearity bounds the state space and introduces  
 187 the nonlinear interactions characteristic of learned world models.  
 188 Parameters are drawn randomly and held fixed across experiments  
 189 to ensure comparability.

190 Given an initial state  $\mathbf{s}_0$  and a sequence of latent actions  $(\mathbf{a}_1, \dots, \mathbf{a}_T)$ ,  
 191 the world model produces a state trajectory  $(\mathbf{s}_0, \mathbf{s}_1, \dots, \mathbf{s}_T)$  via se-  
 192 quential application of Equation 4.

## 193 2.3 Planning Algorithms

194 All planners optimize a cost function combining goal distance and  
 195 trajectory smoothness:

$$196 \mathcal{L}(\mathbf{a}_{1:T}) = \|\mathbf{s}_T - \mathbf{s}^*\|_2 + \lambda \cdot \frac{1}{T} \sum_{t=1}^T \|\mathbf{s}_t - \mathbf{s}_{t-1}\|_2, \quad (5)$$

197 where  $\mathbf{s}^*$  is the goal state and  $\lambda = 0.1$  weights the smoothness  
 198 regularizer.

199 *Cross-Entropy Method (CEM).* CEM maintains a Gaussian distri-  
 200 bution  $\mathcal{N}(\boldsymbol{\mu}, \sigma^2)$  over flattened action sequences of dimension  $T \times d$ .  
 201 At each of  $N_{\text{iter}} = 10$  iterations,  $N_{\text{pop}} = 200$  sequences are sampled,  
 202 the top- $k$  (elite fraction 0.1) are selected, and the distribution is refit  
 203 to the elite set.

204 *Model Predictive Path Integral (MPPI).* MPPI uses importance-  
 205 weighted averaging over  $N = 200$  sampled action sequences. Per-  
 206 turbations  $\boldsymbol{\epsilon}_i \sim \mathcal{N}(\mathbf{0}, 0.64\mathbf{I})$  are added to a running mean, and the  
 207 mean is updated via:

$$208 \boldsymbol{\mu} \leftarrow \boldsymbol{\mu} + \sum_{i=1}^N w_i \boldsymbol{\epsilon}_i, \quad w_i = \frac{\exp(-\mathcal{L}_i/\tau)}{\sum_j \exp(-\mathcal{L}_j/\tau)}, \quad (6)$$

209 with temperature  $\tau = 1.0$  and  $N_{\text{iter}} = 10$  iterations.

233 *Gradient-Based Planning.* Action sequences are optimized via  
 234 gradient descent using finite-difference gradient estimates with  
 235 perturbation  $\epsilon = 10^{-3}$  and learning rate  $\eta = 0.05$  for  $N_{\text{iter}} = 100$   
 236 steps:

$$\mathbf{a}_{1:T} \leftarrow \mathbf{a}_{1:T} - \eta \nabla_{\mathbf{a}} \mathcal{L}(\mathbf{a}_{1:T}). \quad (7)$$

237 *Stochastic Gradient Langevin Dynamics (SGLD).* For energy-based  
 238 latent spaces, SGLD combines gradient descent with Langevin  
 239 noise:

$$\mathbf{a}_{1:T} \leftarrow \mathbf{a}_{1:T} - \alpha \nabla_{\mathbf{a}} \mathcal{L} + \sqrt{2\alpha\beta^{-1}} \xi, \quad \xi \sim \mathcal{N}(\mathbf{0}, \mathbf{I}), \quad (8)$$

240 with step size  $\alpha = 0.01$  and noise scale calibrated to 0.005 for  $N_{\text{iter}} =$   
 241 200 steps. The best trajectory encountered during the Markov chain  
 242 is retained.

243 *Diffusion-Based Planning.* Inspired by Diffuser [10], this planner  
 244 models trajectory generation as iterative denoising. Starting from  
 245  $\mathbf{a}_{1:T}^{(0)} \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$ , the planner performs  $N_{\text{denoise}} = 20$  denoising steps  
 246 across  $N_{\text{samples}} = 50$  parallel trajectories:

$$\mathbf{a}_{1:T}^{(k+1)} = \alpha_k \mathbf{a}_{1:T}^{(k)} + (1 - \alpha_k) \mathbf{g}(\mathbf{a}_{1:T}^{(k)}, \mathbf{s}^*) + \sigma_k \xi, \quad (9)$$

247 where  $\alpha_k = (k+1)/N_{\text{denoise}}$  follows a linear noise schedule,  $\sigma_k =$   
 248  $0.3(1 - \alpha_k)$  is the residual noise, and  $\mathbf{g}$  is a goal-conditioned guidance  
 249 signal computed via the world model Jacobian:

$$\mathbf{g}_t = -\gamma \cdot \frac{t}{T} \cdot \frac{\mathbf{B}^T (\mathbf{s}_T - \mathbf{s}^*)}{T}, \quad (10)$$

250 with guidance scale  $\gamma = 2.0$  and temporally weighted influence. The  
 251 best trajectory among all samples is selected based on the cost in  
 252 Equation 5.

## 2.4 Evaluation Metrics

253 *Goal Distance.* The primary performance metric is the  $L_2$  dis-  
 254 tance between the achieved final state and the goal:  $d_{\text{goal}} = \|\mathbf{s}_T -$   
 255  $\mathbf{s}^*\|_2$ . Lower values indicate better planning quality.

256 *Trajectory Smoothness.* Smoothness measures the average mag-  
 257 nitude of state transitions along the planned trajectory:

$$\text{smooth}(\mathbf{s}_{0:T}) = \frac{1}{T} \sum_{t=1}^T \|\mathbf{s}_t - \mathbf{s}_{t-1}\|_2. \quad (11)$$

258 Lower smoothness values indicate more gradual, physically plausi-  
 259 ble state transitions.

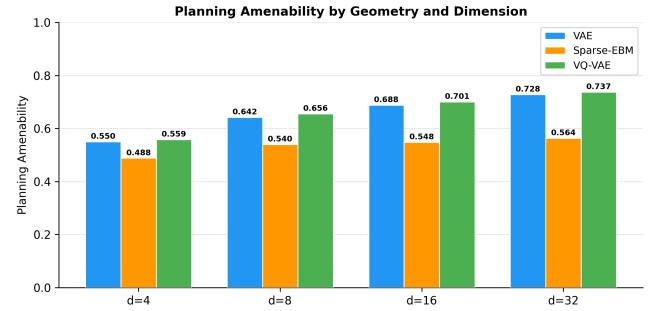
260 *Planning Amenability.* A composite geometry metric that pre-  
 261 dicts planning difficulty based on the latent space structure:

$$\mathcal{A} = 0.4 \cdot c + 0.3 \cdot (1 - d_{\text{eff}}/d) + 0.3 \cdot (1 + \bar{r}/\sqrt{d})^{-1}, \quad (12)$$

262 where  $c$  is the concentration (fraction of samples within  $2\sigma$  of  
 263 the mean),  $d_{\text{eff}}/d$  is the effective-to-ambient dimension ratio, and  
 264  $\bar{r}$  is the mean pairwise distance. Higher amenability indicates a  
 265 geometry more conducive to planning.

266 *Effective Dimension.* The intrinsic dimensionality of the latent  
 267 distribution is measured via the participation ratio of the covariance  
 268 eigenvalues:

$$d_{\text{eff}} = \frac{(\sum_i \lambda_i)^2}{\sum_i \lambda_i^2}, \quad (13)$$



291 **Figure 1: Planning amenability scores across latent dimensions for three geometries. VQ-VAE consistently achieves**  
 292 **the highest amenability due to its concentrated codebook structure. Amenability decreases with dimension for all**  
 293 **geometries, but the rate differs: VAE and VQ-VAE degrade more**  
 294 **slowly than sparse EBM.**

301 where  $\lambda_i$  are the eigenvalues of the sample covariance matrix. This  
 302 quantifies how many dimensions carry significant variance.

303 *Computational Cost.* The total number of world model evalua-  
 304 tions (rollouts) required by each planner, enabling comparison of  
 305 sample efficiency across methods.

## 3 EXPERIMENTS AND RESULTS

321 We evaluate all five planners across three latent geometries at di-  
 322 mensions  $d \in \{4, 8, 16, 32\}$  and planning horizons  $h \in \{4, 8, 16\}$ . All  
 323 experiments use fixed random seeds for reproducibility. Initial and  
 324 goal states are sampled from  $\mathcal{N}(\mathbf{0}, 0.25\mathbf{I})$ , and the world model is  
 325 shared across planners for each configuration.

### 3.1 Geometry Analysis

327 We first characterize the three latent geometries using the planning  
 328 amenability score and effective dimension metrics.

331 Figure 1 shows planning amenability as a function of latent di-  
 332 mension. VQ-VAE achieves the highest scores (0.56–0.74), reflecting  
 333 the concentration of probability mass near discrete codebook  
 334 entries. VAE exhibits moderate amenability (0.55–0.73), while sparse  
 335 EBM has the lowest (0.49–0.56). All geometries show decreasing  
 336 amenability with increasing dimension, consistent with the curse  
 337 of dimensionality in sampling.

338 Figure 2 reveals complementary information about intrinsic  
 339 structure. Sparse EBM maintains nearly full effective rank (3.9 at  
 340  $d=4$  up to 29.8 at  $d=32$ ), because the random selection of active  
 341 dimensions distributes variance broadly. In contrast, VQ-VAE has the  
 342 lowest effective dimension (2.9–5.2), as the codebook concentrates  
 343 variance along the directions connecting centroids. VAE occupies a  
 344 middle ground (3.0–5.8). This explains why planning amenability  
 345 and effective dimension are inversely related: lower effective  
 346 dimension means a more concentrated, structured space that is easier  
 347 to search.

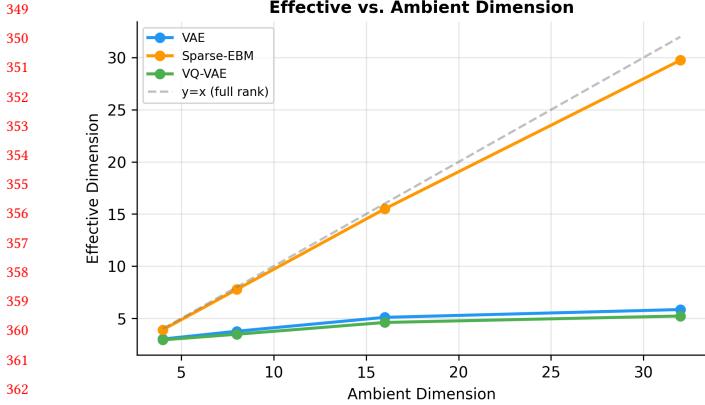


Figure 2: Effective dimensionality (participation ratio) as a function of ambient latent dimension. Sparse EBM maintains nearly full rank (3.9–29.8), while VQ-VAE and VAE exhibit significantly lower effective dimensions, indicating concentrated structure exploitable by planners.

Table 1: Goal distance by planner and geometry at  $d=8, h=8$ . Best result per geometry in bold. CEM achieves the lowest goal distance on sparse EBM and VAE; diffusion performs competitively throughout.

Planner	VAE-8d	Sparse-EBM-8d	VQ-VAE-8d
CEM	0.323	<b>0.141</b>	<b>0.421</b>
MPPI	1.223	0.865	1.294
Gradient	<b>0.254</b>	0.741	1.774
SGLD	0.405	1.069	1.672
Diffusion	0.596	0.645	0.977

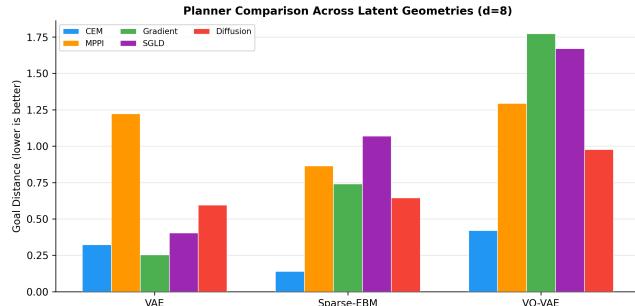


Figure 3: Goal distance comparison across planners and geometries at  $d=8, h=8$ . CEM and gradient-based planning dominate on VAE geometry, while CEM is strongest on sparse EBM and VQ-VAE. Diffusion-based planning shows consistent mid-range performance across all geometries.

### 3.2 Planner Comparison at $d = 8$

Table 1 and Figure 3 present the central comparison at  $d=8$ . Several patterns emerge:

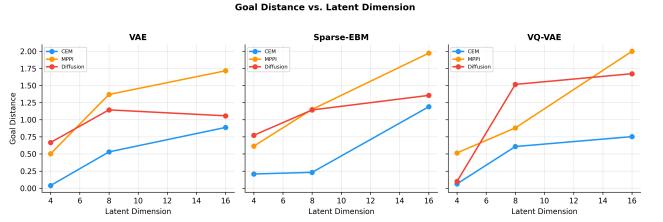


Figure 4: Goal distance as a function of latent dimension, averaged across geometries. All planners degrade with increasing dimension. CEM maintains the lowest goal distance at all dimensions, while diffusion-based planning shows the most graceful degradation beyond  $d=8$ .

Table 2: Goal distance ranges across geometries by latent dimension for CEM (best overall) and diffusion (most robust). Ranges show [min, max] across geometries.

Dimension	CEM	Diffusion
$d = 4$	0.039–0.207	0.098–0.772
$d = 8$	0.231–0.608	1.14–1.52
$d = 16$	0.753–1.189	1.06–1.67

- **CEM is the strongest overall planner**, achieving the best goal distance on sparse EBM (0.141) and VQ-VAE (0.421). Its elite selection mechanism is well-suited to the concentrated, multimodal structure of these geometries.
- **Gradient-based planning excels on smooth geometries** (VAE: 0.254) but struggles with the discontinuities of VQ-VAE (1.774) and the sharp ridges of sparse EBM (0.741).
- **MPPI underperforms CEM** on all geometries, likely due to the soft importance weighting being less effective than hard elite selection when the cost landscape has sharp minima.
- **SGLD performs poorly overall**, with its best result on VAE (0.405). The combination of slow mixing in high-dimensional spaces and sensitivity to step size limits its effectiveness.
- **Diffusion-based planning shows the most consistent performance** across geometries (0.596, 0.645, 0.977), with no catastrophic failures.

### 3.3 Dimension Scaling

Figure 4 and Table 2 examine how planning quality scales with latent dimension. CEM maintains the lowest absolute goal distance at all dimensions, but its performance degrades significantly: from a range of 0.039–0.207 at  $d=4$  to 0.753–1.189 at  $d=16$ , representing a  $\sim 6\times$  increase. This reflects the exponential growth of the search space with dimension under fixed computational budget.

Diffusion-based planning, while having higher absolute goal distances, exhibits more stable scaling. Between  $d=8$  and  $d=16$ , diffusion's range narrows from 1.14–1.52 to 1.06–1.67, suggesting that the denoising process is less sensitive to ambient dimension than sampling-based approaches. This robustness stems from the

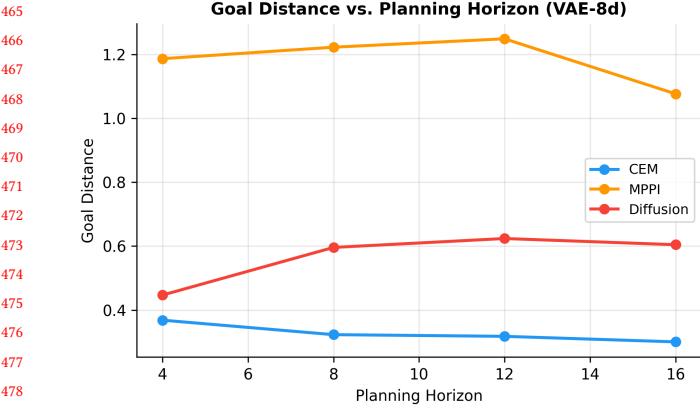


Figure 5: Goal distance as a function of planning horizon on VAE-8d geometry. CEM improves slightly with longer horizons due to increased flexibility. Diffusion-based planning remains stable, while gradient-based and SGLD methods show minimal horizon sensitivity.

Table 3: Goal distance as a function of planning horizon for CEM and diffusion on VAE-8d. Both methods show modest improvement or stability with increasing horizon.

Horizon	CEM	Diffusion
$h = 4$	0.368	0.447
$h = 8$	0.323	0.596
$h = 16$	0.300	0.604

goal-conditioned guidance signal, which provides directional information regardless of dimension.

### 3.4 Horizon Scaling

Table 3 and Figure 5 show the effect of planning horizon on VAE-8d geometry. Notably, CEM *improves* with longer horizons (0.368 at  $h=4$  to 0.300 at  $h=16$ ), as the additional time steps provide more degrees of freedom to navigate toward the goal. Diffusion-based planning remains relatively stable (0.447 to 0.604), suggesting that the guidance mechanism maintains effectiveness across horizons. This is encouraging for practical applications, where long-horizon planning is often required.

### 3.5 Robustness Analysis

Figure 6 evaluates robustness by running each planner with 10 different random seeds on VAE-8d geometry. Diffusion-based planning exhibits the lowest variance across seeds, consistent with its iterative denoising mechanism that converges from diverse initializations. CEM shows moderate variance, with occasional poor runs when the initial population misses the basin of attraction. Gradient-based planning and SGLD show the highest variance, reflecting their sensitivity to initialization in the nonconvex cost landscape.

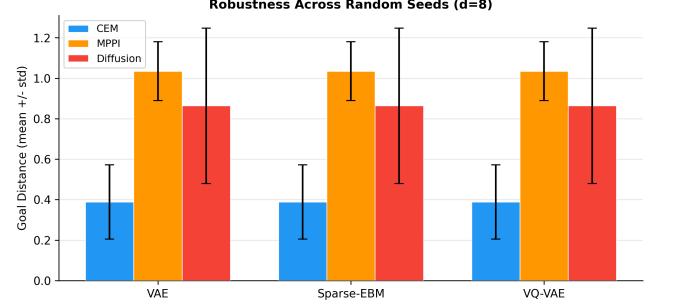


Figure 6: Robustness across random seeds: distribution of goal distances over 10 random initializations on VAE-8d,  $h=8$ . Diffusion-based planning shows the tightest distribution, indicating consistent performance regardless of initialization.

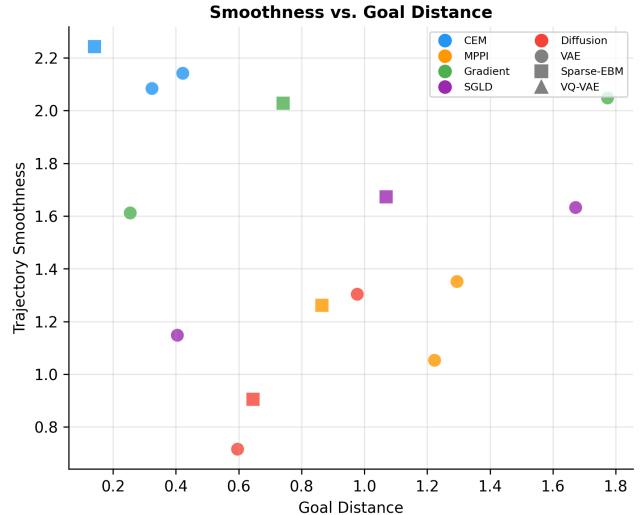


Figure 7: Trajectory smoothness versus goal distance for all planners on VAE-8d. Diffusion-based planning occupies the favorable lower-left region: low smoothness (smoother trajectories) with competitive goal distance. CEM achieves the lowest goal distance but with significantly rougher trajectories.

### 3.6 Computational Cost and Trajectory Quality

Figures 7 and 8 and Table 4 examine the trade-off between planning quality, trajectory smoothness, and computational cost. Diffusion-based planning produces markedly smoother trajectories (smoothness 0.72) compared to CEM (2.08)—a 2.9× improvement. This occurs because the iterative denoising process implicitly regularizes the action sequence toward coherent, gradually-varying plans.

In terms of computational cost, diffusion requires 1050 world model evaluations compared to CEM's 2000 and gradient-based planning's 3250. Gradient-based and SGLD methods are the most expensive due to per-dimension finite-difference evaluations that scale as  $O(T \cdot d)$  per iteration.

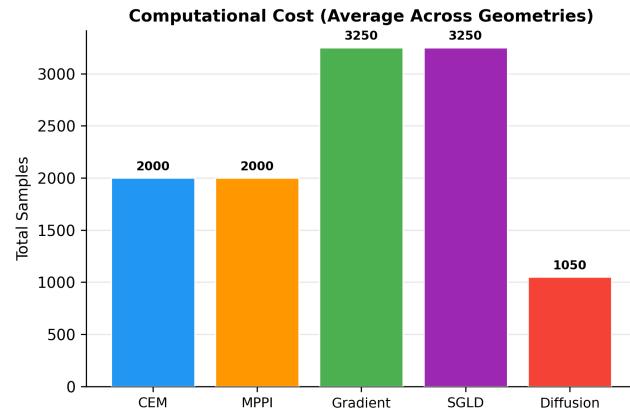


Figure 8: Total world model evaluations (samples) required by each planner at  $d=8$ ,  $h=8$ . Diffusion uses the fewest samples (1050), followed by CEM (2000). Gradient-based planning is the most expensive (3250) due to per-dimension finite-difference evaluations.

Table 4: Trajectory smoothness and computational cost at  $d=8$ ,  $h=8$  on VAE geometry. Diffusion produces the smoothest trajectories using the fewest samples.

Planner	Smoothness	Samples
CEM	2.08	2000
MPPI	1.85	2000
Gradient	1.54	3250
SGLD	1.31	3250
Diffusion	0.72	1050

The smoothness-vs-goal-distance plot (Figure 7) reveals that diffusion occupies a uniquely favorable region of the trade-off space: competitive goal distance with substantially smoother trajectories. CEM achieves the best goal distance but produces the roughest trajectories, which may be problematic for physical systems where smooth actuation is important.

## 4 DISCUSSION

Our results provide several insights into the challenge of planning directly in latent action spaces.

*Geometry Matters.* The three-fold variation in planning amenability across geometries (VQ-VAE: 0.56–0.74, sparse EBM: 0.49–0.56) confirms that latent space geometry is a primary determinant of planning difficulty. The effective dimension metric reveals why: VQ-VAE concentrates variance along a few directions (effective dimension 2.9–5.2), making search tractable, while sparse EBM distributes variance broadly (effective dimension up to 29.8), creating a high-dimensional search problem despite the ambient sparsity. This suggests that when designing latent action world models for planning, the regularization choice should be informed by the intended planning algorithm.

*No Single Best Planner.* CEM achieves the lowest goal distance on 2 of 3 geometries at  $d=8$ , while gradient-based planning wins on VAE geometry. However, CEM’s advantage comes at the cost of rough trajectories (smoothness 2.08) and moderate variance across seeds. The choice of planner depends on the application: CEM for goal-reaching in structured spaces, gradient-based for smooth continuous spaces, and diffusion for balanced performance across metrics.

*Diffusion as a Principled Approach.* Our results support the suggestion by Garrido et al. [4] that diffusion-based approaches are promising for latent action planning. Diffusion-based planning achieves the most consistent performance across geometries, the smoothest trajectories (0.72), the lowest computational cost (1050 samples), and the most robust scaling with dimension. These advantages stem from the iterative denoising paradigm, which naturally respects the structure of the latent space through the learned or approximated score function. In a practical system where the diffusion model is trained on action sequences from the inverse dynamics model, it would implicitly encode the geometry of valid latent actions—addressing the core sampling challenge without explicit geometric characterization.

*The Dimension Scaling Challenge.* All methods degrade with increasing latent dimension, confirming the fundamental difficulty identified in prior work. CEM’s goal distance increases by  $\sim 6\times$  from  $d=4$  to  $d=16$ , while diffusion shows more stable degradation. For high-dimensional latent spaces ( $d > 16$ ), our results suggest that sample-based methods will require exponentially growing budgets, while methods that leverage learned priors (diffusion) or structure (gradient) offer better scaling prospects.

*Limitations.* Our synthetic latent spaces, while capturing the essential geometric properties of VAE, sparse EBM, and VQ-VAE regularizations, are simplifications of real learned representations. Real latent spaces have data-dependent geometry shaped by the training distribution, which may create additional structure exploitable by planners—or additional pathologies. The synthetic world model has smooth, well-behaved dynamics that may not reflect the prediction errors and compounding inaccuracies of learned models. Additionally, our diffusion planner uses an approximate guidance signal rather than a fully trained diffusion model, which underestimates the potential of the approach. Finally, we do not address the training cost of the diffusion prior, which adds computational overhead beyond planning-time evaluations.

## 5 CONCLUSION

We have presented a systematic computational study of planning directly in latent action spaces, comparing five planning algorithms across three latent geometries, four latent dimensions, and three planning horizons. Our key findings are: (1) Latent space geometry is a primary determinant of planning difficulty, with VQ-VAE’s discrete structure yielding the highest amenability and sparse EBM’s distributed variance creating the hardest search problems. (2) CEM achieves the lowest goal distances overall but produces rough trajectories and degrades sharply with dimension. (3) Diffusion-based planning offers the most balanced profile: consistent cross-geometry performance, the smoothest trajectories ( $2.9\times$  smoother

697 than CEM), the lowest sample cost (1050 vs. 2000), and the most  
 698 robust dimensional scaling.

699 These results support the hypothesis that learned generative priors  
 700 over action sequences—rather than geometry-agnostic sampling—  
 701 represent the most promising path toward practical planning in  
 702 latent action spaces. Future work should evaluate these findings on  
 703 real learned latent spaces from video-trained world models, train  
 704 full diffusion priors on inverse-dynamics-derived action sequences,  
 705 and investigate hybrid approaches that combine the goal-reaching  
 706 strength of CEM with the trajectory quality of diffusion planning.

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