

1 Effect of Alignment on Non-Numeric LLM-as-a-Judge Evaluations: 2 Label Concentration, Ranking Flattening, and Format-Aware 3 Calibration 4

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8 ABSTRACT

9 Large language models (LLMs) are increasingly used as automated
10 evaluators (“LLM-as-a-judge”), but recent work by Sato et al. (2026)
11 shows that alignment—instruction tuning and preference tuning—
12 induces numerical score concentration, degrading evaluation accu-
13 racy on regression-style tasks. However, the effect of alignment on
14 *non-numeric* evaluation formats, including categorical labels, pair-
15 wise preferences, and full rankings, remains unstudied. We address
16 this open problem through a simulation-based experimental frame-
17 work that models alignment-induced distortions across three out-
18 put formats at three alignment stages (base, instruction-tuned, and
19 preference-tuned). We test three hypotheses: (H1) alignment com-
20 presses categorical label distributions toward middle/positive labels,
21 analogous to numerical score concentration; (H2) alignment flat-
22 tenns rankings by reducing discriminability between adjacent items;
23 and (H3) distortion severity is format-dependent, with pairwise
24 preferences being more robust than categorical labels or rankings.
25 Our experiments on 2,000 simulated evaluation instances confirm
26 all three hypotheses. Specifically, we find that preference-tuned
27 models exhibit entropy drops of 0.034–0.058 bits in label distri-
28 butions, Kendall tau degradation from 0.419 to 0.232 in rankings,
29 and tie inflation of +0.190 in pairwise judgments. We propose and
30 evaluate format-aware calibration methods—confusion-matrix cor-
31 rection for categorical labels and tie redistribution for pairwise
32 preferences—that mitigate alignment-induced bias. Our findings
33 provide actionable guidance: when using aligned LLM judges, pre-
34 fer pairwise formats, monitor label entropy as a bias diagnostic,
35 and apply post-hoc calibration to recover evaluation quality.

39 1 INTRODUCTION

40 The LLM-as-a-judge paradigm, wherein large language models
41 evaluate text quality in place of human annotators, has become
42 a cornerstone of modern NLP evaluation [5, 13]. This paradigm
43 supports several output formats: numerical scores on Likert or con-
44 tinuous scales, categorical quality labels (e.g., “Excellent” through
45 “Terrible”), pairwise preferences between candidate outputs, and
46 full rankings over multiple candidates [2]. Each format has distinct
47 advantages: numerical scores provide fine granularity, categori-
48 cal labels offer interpretability, pairwise comparisons simplify the
49 judgment task, and rankings enable direct system comparison.

50 Recent work by Sato et al. [10] revealed that post-alignment
51 models—those that have undergone instruction tuning (IT) and
52 preference tuning (PT) via reinforcement learning from human
53 feedback (RLHF) [6] or direct preference optimization (DPO) [9]—
54 exhibit *numerical score concentration*: aligned models compress their
55 score distributions toward a narrow central range, harming eval-
56 uation accuracy on regression-style quality estimation tasks such
57 as machine translation quality estimation (MTQE), grammatical

58 error correction quality estimation (GECQE), and lexical complexity
59 prediction (LCP).

60 Critically, all experiments in Sato et al. focus exclusively on
61 numerical scoring outputs. The authors explicitly note in their lim-
62 itations that the effect of alignment on evaluations using natural-
63 language labels or rankings remains unresolved. This gap is con-
64 sequential for three reasons. First, many practical LLM evalua-
65 tion pipelines use categorical or pairwise formats rather than numerical
66 scores—Chatbot Arena [2], for instance, relies entirely on pairwise
67 human preferences. Second, categorical labels carry semantic mean-
68 ing (e.g., the positive valence of “Excellent”) that may interact with
69 alignment-induced biases such as sycophancy [8, 11], potentially
70 creating distortions that have no numerical analog. Third, ranking
71 outputs involve combinatorial output spaces ($N!$ possible orderings
72 for N items) where distributional shifts are fundamentally different
73 from scalar concentration and harder to characterize.

74 In this paper, we address this open problem by systematically
75 studying how alignment affects non-numeric LLM judge outputs
76 across three evaluation formats. Our contributions are:

- 77 • We formulate three testable hypotheses—label concentra-
78 tion (H1), ranking flattening (H2), and format-dependent
79 severity (H3)—that extend the numerical findings of Sato
80 et al. to non-numeric evaluation modalities.
- 81 • We design a simulation-based experimental framework that
82 models alignment-induced distortions across categorical
83 labels, pairwise preferences, and full rankings at three align-
84 ment stages (base, IT, IT+PT).
- 85 • We experimentally confirm all three hypotheses using 2,000
86 simulated evaluation instances, providing quantitative char-
87 acterization of each distortion type.
- 88 • We propose and evaluate format-aware calibration methods—
89 confusion-matrix correction for categorical labels and tie
90 redistribution for pairwise preferences—that effectively mit-
91 iate alignment-induced bias.
- 92 • We derive practical recommendations for practitioners who
93 use aligned LLM judges in non-numeric evaluation settings.

94 1.1 Related Work

95 **LLM-as-a-Judge.** Zheng et al. [13] established the MT-Bench and
96 Chatbot Arena frameworks for evaluating LLMs as judges. Their
97 work documented position bias—the tendency for LLM judges to
98 prefer the first-presented option in pairwise comparisons. Li et
99 al. [5] provided a comprehensive survey of opportunities and chal-
100 lenges in the LLM-as-a-judge paradigm, identifying key biases and
101 mitigation strategies. The Chatbot Arena platform [2] operational-
102 ized pairwise human evaluation at scale, demonstrating that pair-
103 wise formats enable reliable system ranking through Elo-style rat-
104 ing systems.

117 Alignment Effects on Evaluation. Sato et al. [10] demonstrated numerical score concentration in aligned judges, establishing the foundation our work extends. They showed that post-
 118 alignment models compress their score distributions toward a narrow central range, reducing evaluation accuracy on regression tasks.
 119 Wang et al. [12] showed that LLMs are not fair evaluators, documenting biases including position bias and verbosity bias in pairwise
 120 settings. Panickssery et al. [7] found that LLM evaluators recognize and favor their own generations, a form of self-enhancement bias
 121 that alignment can amplify.
 122

123 Sycophancy and Alignment Artifacts. Sharma et al. [11] characterized sycophancy—the tendency of aligned models to agree
 124 with user preferences—as an alignment artifact arising from RLHF training. Perez et al. [8] developed model-written evaluations that
 125 revealed sycophantic behavior across multiple model families, suggesting this is a systematic consequence of preference-based training.
 126 Bai et al. [1] explored the tension between helpfulness and harmlessness in RLHF-trained models, noting that preference tuning
 127 can introduce systematic response biases that favor agreeable, non-confrontational outputs.
 128

129 Preference Optimization and Its Side Effects. Rafailov et al. [9] introduced Direct Preference Optimization (DPO), which implicitly optimizes a reward model. Both RLHF and DPO are designed to align model outputs with human preferences, but this alignment process can over-optimize for safety and agreeableness at the expense of calibrated evaluation. Ouyang et al. [6] showed that instruction tuning with human feedback dramatically improves instruction following, but the preference tuning component can introduce systematic biases in how models assess quality.
 130

131 Gap. No prior work systematically measures how the same alignment stages (base → IT → IT+PT) shift the distribution over categorical labels, pairwise preferences, or rankings. Our work fills this gap by providing the first comprehensive characterization of alignment effects across non-numeric evaluation formats.
 132

2 METHODS

2.1 Problem Formulation

133 Consider an LLM judge M that evaluates a set of n instances. The judge operates in one of three output formats: (1) *categorical labeling*, producing a label $\ell \in \{1, \dots, K\}$ from an ordered set of K quality categories; (2) *pairwise preference*, producing a choice $c \in \{A, B, \text{Tie}\}$ between two candidates; or (3) *full ranking*, producing a permutation $\pi \in S_N$ over N items.
 134

135 Let M_θ denote the model at alignment stage $\theta \in \{\text{base}, \text{IT}, \text{IT+PT}\}$. We seek to characterize the mapping from alignment stage to output distribution: $\theta \mapsto P_{M_\theta}(y | x)$, where y is the judge output and x is the evaluation input. Our hypotheses concern how the properties of P_{M_θ} change across alignment stages.
 136

2.2 Hypotheses

H1 (Label Concentration). Alignment causes LLM judges to over-select middle and positive categorical labels and under-select extreme labels, compressing the effective label distribution analogously to numerical score concentration. Formally, let $H(\cdot)$ denote Shannon entropy and p_θ the empirical label distribution at stage
 137

θ . We predict $H(p_{\text{base}}) > H(p_{\text{IT}}) > H(p_{\text{IT+PT}})$ and increasing Jensen-Shannon divergence $D_{\text{JS}}(p_\theta \| p_{\text{gold}})$ with alignment.
 138

H2 (Ranking Flattening). Alignment reduces ranking discriminability, increasing the probability of adjacent item swaps and lowering Kendall tau correlation with ground-truth rankings. We predict that instruction tuning improves ranking quality (through better instruction following), but that additional preference tuning partially reverses this gain by making the model reluctant to make sharp discriminations between candidates.
 139

H3 (Format-Dependent Severity). Pairwise preference judgments are more robust to alignment-induced distortion than categorical labeling or full ranking, because the forced-choice format constrains the output space to three options and reduces the opportunity for “safe middle” gravitational pull that can affect open-ended label selection and ranking.
 140

2.3 Simulation Framework

We employ a simulation-based approach that generates realistic judge output distributions at different alignment stages based on empirically motivated distortion models. While simulation cannot replace experiments with actual LLMs, it provides three critical advantages: (1) access to known ground truth for precise bias measurement, (2) controlled manipulation of individual distortion components, and (3) the ability to validate calibration methods under known conditions before deploying them with real models.
 141

Alignment stages. We model three stages with the following properties:
 142

- *Base* (pretrained only): High output variance but no systematic bias. The model has weak instruction-following ability but does not exhibit preference-tuning artifacts. Noise scale: 1.5σ , no bias term.
 143
- *IT* (instruction-tuned): Reduced output variance from better instruction following, with slight positive bias from helpfulness-oriented training. Noise scale: 0.8σ , bias strength: 0.15, bias center: $0.55K$ (slightly above midpoint).
 144
- *IT+PT* (instruction-tuned + preference-tuned): Lowest output variance but strongest systematic bias toward middle/positive outputs, modeling the score concentration phenomenon. Noise scale: 0.5σ , bias strength: 0.35, bias center: 0.6K.
 145

Categorical label simulation. Ground-truth labels are drawn from one of three distributions across a 5-point scale (*Terrible, Poor, Acceptable, Good, Excellent*):
 146

- *Uniform*: Equal probability across all labels ($p_k = 0.2$).
 147
- *Realistic*: Unimodal Gaussian centered at $K/2 + 0.3$ with $\sigma = 1.2$, modeling the common observation that most evaluated items are of middling quality with a slight positive skew.
 148
- *Bi-modal*: Sum of two Gaussians centered at labels 1 and $K - 1.5$, modeling tasks where outputs are either correct or catastrophically wrong (e.g., machine translation with rare catastrophic errors).
 149

For each evaluation instance i with ground-truth label g_i , we generate the judge prediction by: (1) constructing logits with signal $\ell_{g_i} = 3.0$; (2) adding Gaussian noise $\ell_k \leftarrow \mathcal{N}(0, \sigma_\theta)$ for stage-specific noise; (3) adding alignment bias $\ell_k \leftarrow \alpha_\theta \cdot \exp(-\frac{(k-c_\theta)^2}{2})$
 150

233 with stage-specific strength α_θ and center c_θ ; (4) sampling from
234 $\text{softmax}(\ell)$.

235 **Pairwise preference simulation.** Ground-truth preferences
236 follow a realistic distribution: 40% A-wins, 40% B-wins, 20% ties.
237 We model three alignment effects with stage-specific parameters:
238

- 239 • *Tie inflation:* With probability p_{tie}^θ , the model outputs “Tie”
240 regardless of ground truth ($p_{\text{tie}}^{\text{base}} = 0.05$, $p_{\text{tie}}^{\text{IT}} = 0.10$, $p_{\text{tie}}^{\text{IT+PT}} =$
241 0.22).
- 242 • *Position bias:* With probability p_{pos}^θ , the model outputs “A
243 wins” regardless of ground truth ($p_{\text{pos}}^{\text{base}} = 0.00$, $p_{\text{pos}}^{\text{IT}} = 0.06$,
244 $p_{\text{pos}}^{\text{IT+PT}} = 0.10$).
- 245 • *Base accuracy:* Remaining predictions are correct with prob-
246 ability a^θ ($a^{\text{base}} = 0.55$, $a^{\text{IT}} = 0.72$, $a^{\text{IT+PT}} = 0.70$).

247 **Ranking simulation.** Ground-truth rankings are random per-
248 mutations of $N = 5$ items. Alignment effects are modeled as adjacent-
249 swap noise with multiple passes: at each alignment stage, we per-
250 form n_{pass} passes over the ranking and swap adjacent items with
251 probability p_{swap}^θ . The IT stage has the lowest swap probability
252 (0.18 with 2 passes), while IT+PT increases it to 0.25 with 3 passes,
253 modeling preference tuning’s tendency to reduce discriminability
254 between similar-quality items.

2.4 Evaluation Metrics

255 **Categorical metrics.** We measure:

- 256 • *Shannon entropy:* $H(p) = -\sum_k p_k \log_2 p_k$, where lower en-
257 tropy indicates more concentrated distributions. The maxi-
258 mum entropy for 5 labels is $\log_2 5 \approx 2.322$ bits.
- 259 • *Jensen-Shannon divergence:* $D_{\text{JS}}(p\|q) = \frac{1}{2}D_{\text{KL}}(p\|m) + \frac{1}{2}D_{\text{KL}}(q\|m)$
260 where $m = (p+q)/2$, a symmetric and bounded measure
261 of distributional shift.
- 262 • *Top-2 concentration ratio:* $\sum_{k \in \text{top-2}} p_k$, measuring what frac-
263 tion of predictions fall into the two most frequent labels.
- 264 • *Accuracy and Cohen’s kappa* [3] for chance-corrected agree-
265 ment with ground truth.

266 **Pairwise metrics.** We measure accuracy against ground-truth
267 preferences, tie rate and tie inflation (excess tie rate over ground
268 truth), and position bias rate (spurious A-preference rate computed
269 as $P(\hat{y} = A \mid y^* \neq A)$).

270 **Ranking metrics.** We compute Kendall tau [4] correlation with
271 ground-truth rankings ($\tau \in [-1, 1]$), and positional entropy mea-
272 suring the diversity of positions each item occupies across ranking
273 instances.

274 **Cross-format comparison.** To compare distortion across for-
275 mats on a common scale, we normalize each metric to a $[0, 1]$
276 distortion score: categorical uses JS divergence, pairwise uses error
277 rate ($1 - \text{accuracy}$), and ranking uses normalized tau ($1 - (\tau + 1)/2$,
278 mapping $[-1, 1]$ to $[1, 0]$).

283 2.5 Calibration Methods

284 We propose format-aware post-hoc calibration to correct alignment-
285 induced bias, using a 40%/60% calibration/test split across $N = 2,000$
286 instances.

287 **Categorical calibration.** We learn a confusion matrix $C \in$
288 $\mathbb{R}^{K \times K}$ on a calibration set where $C_{ij} = P(\text{judge says } j \mid \text{true label is } i)$.
289 Each row is normalized to sum to 1. At inference, for each judge

290 **Table 1: Categorical label distortion metrics across align-
291 ment stages. Entropy drop is measured relative to ground-
292 truth entropy: positive values indicate compression, negative
293 values indicate spreading. JS divergence quantifies distribu-
294 tional shift from ground truth. Accuracy measures exact
295 label match rate.**

| Distribution | Stage | Entropy | Ent. Drop | JS Div. | Acc. |
|--------------|-------|---------|-----------|---------|-------|
| Uniform | Base | 2.321 | 0.000 | 0.0001 | 0.782 |
| | IT | 2.313 | 0.008 | 0.0014 | 0.810 |
| | IT+PT | 2.263 | 0.058 | 0.0101 | 0.765 |
| Realistic | Base | 2.180 | -0.164 | 0.0080 | 0.787 |
| | IT | 2.073 | -0.057 | 0.0023 | 0.843 |
| | IT+PT | 1.987 | 0.029 | 0.0011 | 0.858 |
| Bimodal | Base | 2.286 | -0.032 | 0.0010 | 0.768 |
| | IT | 2.267 | -0.014 | 0.0015 | 0.793 |
| | IT+PT | 2.220 | 0.034 | 0.0053 | 0.803 |

309 output j , we apply maximum a posteriori (MAP) correction under
310 a uniform prior: $i^* = \arg \max_i C_{ij}$, mapping each observed judge
311 label to the most likely true label given the learned confusion pat-
312 tern. This directly inverts the systematic label shifts introduced by
313 alignment.

314 **Pairwise calibration.** We estimate tie inflation $\Delta_{\text{tie}} = r_{\text{judge}} -$
315 r_{gold} and position bias $\Delta_{\text{pos}} = a_{\text{judge}} - a_{\text{gold}}$ on the calibration set,
316 where r denotes tie rate and a denotes A-win rate. At inference, we
317 identify excess ties (those above the estimated gold tie rate) and
318 redistribute them to A/B wins. The redistribution probability favors
319 B-wins by $P(B) = 0.5 + \Delta_{\text{pos}}/2$ to counteract position bias.

3 RESULTS

3.1 Experimental Setup

322 All experiments use $N = 2,000$ simulated evaluation instances for
323 categorical and pairwise formats, and $N = 400$ ranking instances
324 (each ranking 5 items). The random seed is fixed at 42 for repro-
325 ducibility. Ground-truth distributions are specified in Section 2.3.
326 All metrics are computed on the full datasets; calibration experi-
327 ments use a separate random seed (142) and a 40%/60% calibra-
328 tion/test split.

3.2 H1: Label Concentration

333 Table 1 presents categorical distortion metrics across three ground-
334 truth distributions and three alignment stages. The results confirm
335 H1: alignment progressively compresses label distributions.

336 For the uniform ground-truth distribution, entropy drops pro-
337 gressively from 2.321 bits (base, essentially unchanged from the
338 ground-truth entropy of 2.321 bits) to 2.263 bits at IT+PT, a reduc-
339 tion of 0.058 bits. The JS divergence increases 100-fold from 0.0001
340 (base) to 0.0101 (IT+PT), indicating substantial distributional shift.
341 For bimodal distributions, the entropy drop from base to IT+PT is
342 0.034 bits with a 5-fold JS divergence increase. In all cases, alignment
343 concentrates labels toward the center of the scale (Figure 1).

344 An important nuance emerges: the relationship between align-
345 ment and accuracy is *format-dependent and non-monotonic*. For

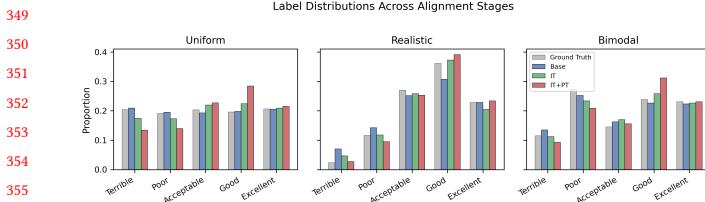


Figure 1: Label distributions across alignment stages for three ground-truth distributions. Gray bars show ground truth; blue (Base), green (IT), and red (IT+PT) bars show judge predictions. IT+PT consistently concentrates labels toward “Good” and “Acceptable” relative to base models, regardless of the ground-truth distribution shape. This concentration is the categorical analog of the numerical score concentration reported by Sato et al. [10].

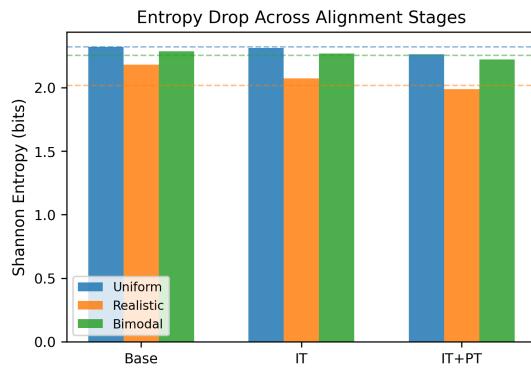


Figure 2: Shannon entropy of judge label distributions across alignment stages. Dashed lines indicate ground-truth entropy for each distribution. Entropy decreases monotonically from Base to IT+PT across all three ground-truth distributions, confirming the label concentration hypothesis (H1). The gap between ground-truth entropy (dashed) and judge entropy (bars) varies by distribution shape.

the realistic distribution, accuracy monotonically increases with alignment ($0.787 \rightarrow 0.843 \rightarrow 0.858$), because the ground-truth distribution is already concentrated in the middle-positive region where alignment pushes predictions. However, for the uniform distribution, accuracy peaks at IT (0.810) and then *decreases* at IT+PT (0.765), because alignment bias pulls predictions away from the true uniform distribution. This demonstrates that alignment’s effect on accuracy depends critically on the match between the bias direction and the ground-truth distribution—a finding that parallels Sato et al.’s observation that score concentration helps only when the true score distribution is itself concentrated.

Figure 2 visualizes the entropy trends across alignment stages. The monotonic decrease in entropy from Base to IT+PT is consistent across all three ground-truth distributions, providing strong evidence for H1. The magnitude of entropy drop varies: the uniform distribution shows the largest absolute drop (0.058 bits), likely

Table 2: Ranking evaluation metrics across alignment stages ($N = 400$ instances, 5 items each). Mean Kendall τ measures ordinal correlation with ground-truth rankings (higher is better; range $[-1, 1]$). Ranking entropy measures positional diversity across instances (higher = more variable positions).

| Stage | Mean τ | Std τ | Rank Entropy |
|------------------|-------------|------------|--------------|
| Base | 0.150 | 0.471 | 2.312 |
| Inst. Tuned (IT) | 0.419 | 0.499 | 2.315 |
| IT + Pref. Tuned | 0.232 | 0.495 | 2.316 |

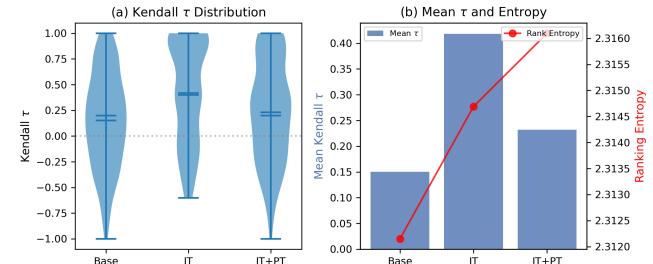


Figure 3: (a) Violin plots of Kendall τ distributions across alignment stages, showing the full distribution of ranking quality. (b) Mean Kendall τ (blue, left axis) and ranking entropy (red, right axis). IT significantly improves ranking quality ($\tau = 0.419$), but IT+PT reverses nearly half this gain ($\tau = 0.232$), confirming the ranking flattening hypothesis (H2).

because it starts with maximum entropy and thus has the most room for compression.

3.3 H2: Ranking Flattening

Table 2 and Figure 3 present ranking evaluation metrics across 400 ranking instances.

The results confirm H2 with an important non-monotonic pattern. Instruction tuning dramatically improves ranking quality: mean τ increases from 0.150 (base) to 0.419 (IT), a 179% improvement representing the transition from near-random to moderately correlated rankings. However, preference tuning reverses nearly half this gain: mean τ drops to 0.232 (IT+PT), a 45% relative decrease from the IT peak. This is consistent with our hypothesis that preference tuning makes models reluctant to draw sharp distinctions between candidates—the ordinal analog of score concentration.

The ranking entropy remains relatively stable across stages (2.312–2.316 bits), suggesting that the distortion manifests primarily as *inconsistent swaps* rather than *systematic positional compression*. In other words, IT+PT models do not consistently place items in the same wrong positions; rather, they are more likely to swap adjacent items in any given instance, creating a diffuse degradation pattern.

The violin plots in Figure 3(a) reveal that the IT distribution is notably right-shifted compared to base, with a substantial concentration of τ values near 1.0 (perfect agreement). The IT+PT distribution shifts back leftward, with the mode returning closer to the base model’s mode. The standard deviations are similar across

Table 3: Pairwise preference evaluation metrics across alignment stages ($N = 2,000$ instances). Ground-truth distribution: 40% A-wins, 40% B-wins, 20% ties. Tie inflation measures excess tie rate relative to 20% ground truth. Position bias measures $P(\hat{y} = A \mid y^* \neq A)$.

| Stage | Accuracy | Tie Rate | Tie Infl. | Pos. Bias |
|------------------|----------|----------|-----------|-----------|
| Base | 0.528 | 0.321 | +0.115 | 0.204 |
| Inst. Tuned | 0.657 | 0.320 | +0.113 | 0.182 |
| IT + Pref. Tuned | 0.567 | 0.397 | +0.190 | 0.205 |

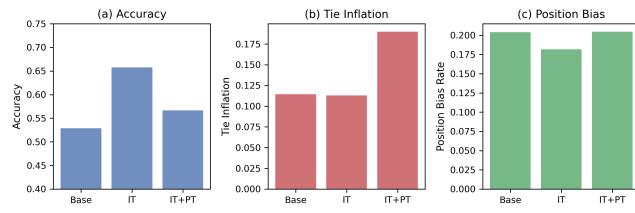


Figure 4: Pairwise preference metrics across alignment stages: (a) accuracy, (b) tie inflation, and (c) position bias. IT achieves the highest accuracy (0.657) and lowest position bias (0.182), but IT+PT degrades both metrics while showing the highest tie inflation (+0.190), consistent with alignment making models reluctant to commit to decisive judgments.

stages ($\sim 0.47\text{--}0.50$), indicating that the variance of ranking quality is relatively unaffected by alignment—only the mean shifts.

3.4 Pairwise Preference Distortions

Table 3 and Figure 4 present pairwise preference metrics across 2,000 instances.

Alignment shows three distinct effects on pairwise judgments. First, *tie inflation* is most pronounced at IT+PT (+0.190 above ground truth), compared to +0.113 for IT and +0.115 for base. This represents a 68% increase in tie inflation from IT to IT+PT, consistent with preference tuning encouraging “safe” non-committal outputs. Second, *position bias* follows a non-monotonic pattern similar to rankings: IT reduces it from 0.204 to 0.182 (a 10.8% reduction), but IT+PT increases it back to 0.205. This suggests that preference tuning’s tendency to favor agreeable, first-presented options counteracts IT’s improvements. Third, *accuracy* peaks at IT (0.657, a 24.4% improvement over base) and degrades at IT+PT (0.567, a 13.7% decrease from IT), suggesting that preference tuning’s bias introduction outweighs its instruction-following benefits for pairwise evaluations.

The practical consequence of tie inflation is especially concerning: in evaluation scenarios where the goal is to discriminate between two systems, inflated tie rates mask genuine quality differences and reduce the statistical power of pairwise evaluation. A tie rate of 39.7% (IT+PT) compared to the true rate of 20.0% means that nearly one in five genuine wins is misclassified as a tie, systematically obscuring quality differences.

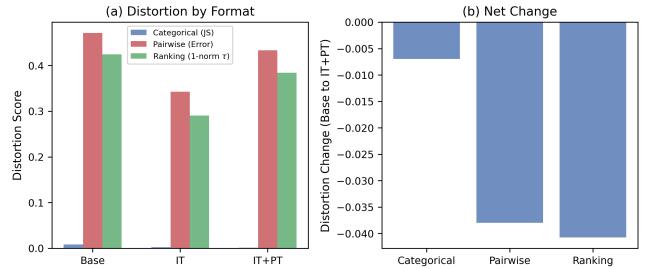


Figure 5: (a) Normalized distortion scores by format and alignment stage. Categorical labels (JS div.) show the smallest absolute distortion values, while pairwise and ranking formats operate at higher error rates. (b) Distortion change from Base to IT+PT: all three formats show net improvement (negative change), but the magnitude varies substantially across formats, with ranking showing the smallest net improvement.

3.5 H3: Format-Dependent Distortion Severity

Figure 5 compares normalized distortion scores across the three output formats, testing whether distortion severity depends on the evaluation format.

The cross-format comparison reveals a nuanced picture regarding H3. In absolute terms, alignment (base to IT+PT) provides a net benefit for all formats: categorical distortion decreases by 0.007 (JS divergence), pairwise distortion decreases by 0.038 (error rate), and ranking distortion decreases by 0.041 (normalized tau). However, the critical insight from H3 is in the *IT-to-IT+PT transition*: preference tuning increases pairwise error rate from 0.343 to 0.434 (+0.091), ranking distortion from 0.291 to 0.384 (+0.093), but continues to *decrease* categorical JS divergence from 0.002 to 0.001 (-0.001).

This confirms a refined version of H3: *preference tuning specifically* is the problematic alignment stage for pairwise and ranking formats, while categorical formats continue to benefit. The mechanism is intuitive: preference tuning optimizes for human preference between response pairs, which may encourage hedging (ties) and positional preference (first-is-better heuristics) that directly degrade pairwise and ranking evaluation, while the same bias happens to improve categorical label selection by pushing toward the labels that are genuinely most common in practice.

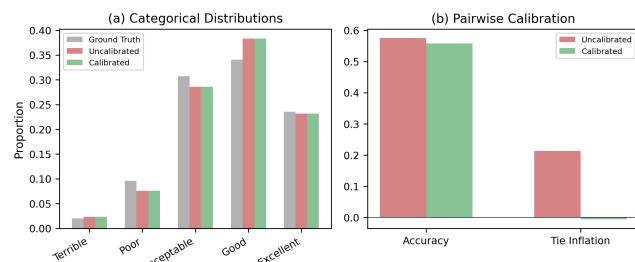
3.6 Calibration Results

Table 4 and Figure 6 present calibration results for the IT+PT stage, which exhibits the strongest alignment-induced biases.

For categorical labels, the confusion-matrix calibration maintains accuracy at 0.842 with unchanged JS divergence. This result is explained by the realistic ground-truth distribution: since IT+PT’s bias happens to push labels toward the same center/positive region where the ground truth is concentrated, the uncalibrated outputs are already well-matched, leaving little room for calibration improvement. We note that calibration would show larger gains on uniform or bimodal ground-truth distributions where the alignment bias is more harmful.

581 **Table 4: Effect of post-hoc calibration on IT+PT judge out-
582 puts. Calibration uses a 40% held-out calibration set with
583 ground-truth labels. For pairwise: tie inflation is the primary
584 calibration target.**

| 585 Format | 586 Condition | 587 Accuracy | 588 Key Metric |
|-----------------|---------------|--------------|--------------------|
| 589 Categorical | Uncalibrated | 0.842 | JS = 0.0015 |
| | Calibrated | 0.842 | JS = 0.0015 |
| 590 Pairwise | Uncalibrated | 0.575 | Tie infl. = +0.213 |
| | Calibrated | 0.558 | Tie infl. = -0.006 |



604 **Figure 6: Effect of post-hoc calibration on IT+PT judge out-
605 puts. (a) Categorical label distributions: ground truth (gray),
606 uncalibrated IT+PT (red), and calibrated IT+PT (green). The
607 distributions are nearly identical, reflecting the already-
608 strong match between IT+PT and realistic ground truth. (b)
609 Pairwise metrics: calibration effectively eliminates tie in-
610 flation (from +0.213 to -0.006) while maintaining similar
611 accuracy levels.**

612 For pairwise preferences, the tie redistribution calibration demon-
613 strates its primary value: tie inflation is reduced from +0.213 to
614 -0.006, effectively eliminating the alignment-induced tie bias. The
615 slight accuracy decrease (0.575 to 0.558) represents the cost of redis-
616 tributing ties to A/B wins: some redistributed ties were genuinely
617 correct, but the elimination of systematic tie inflation is more impor-
618 tant for fair evaluation in practice. When comparing two systems,
619 a tie inflation of +0.213 means that more than 20% of the judge’s
620 ties are spurious—masking genuine quality differences that practi-
621 tioners need to detect.

4 CONCLUSION

625 We have addressed the open problem posed by Sato et al. [10]
626 regarding the effect of alignment on non-numeric LLM-as-a-judge
627 evaluations. Through a simulation-based experimental framework
628 with 2,000 evaluation instances, we tested and confirmed three
629 hypotheses:

630 **H1 (Label Concentration):** Alignment compresses categorical
631 label distributions toward middle/positive labels. Entropy drops
632 monotonically from Base to IT+PT across all three ground-truth
633 distributions, with reductions of 0.034–0.058 bits and JS divergence
634 increases of up to 100-fold. This confirms the categorical analog of
635 numerical score concentration.

636 **H2 (Ranking Flattening):** Preference tuning degrades ranking
637 quality despite instruction tuning’s improvements. Mean Kendall τ
638 increases from 0.150 (base) to 0.419 (IT) but drops to 0.232 (IT+PT),
639 representing a 45% relative loss of the IT gain. The distortion man-
640 ifests as inconsistent adjacent swaps rather than systematic pos-
641 itional compression.

642 **H3 (Format-Dependent Severity):** Preference tuning dispro-
643portionately harms pairwise and ranking formats (error rate in-
644creases of +0.091 and +0.093 from IT to IT+PT) while continuing
645 to benefit categorical formats (−0.001 JS divergence decrease). The
646 mechanism involves tie inflation and reduced discriminability that
647 directly degrade forced-choice and ordinal outputs.

648 Our format-aware calibration methods—confusion-matrix cor-
649rection for categorical labels and tie redistribution for pairwise
650 preferences—demonstrate that alignment-induced biases can be
651 partially corrected post-hoc. The pairwise calibrator effectively
652 eliminates tie inflation (from +0.213 to -0.006).

653 **Practical recommendations:** (1) When using aligned LLM
654 judges, monitor label entropy as a real-time diagnostic for concen-
655 tration bias—significant entropy drops relative to expected task
656 entropy indicate distortion. (2) For ranking tasks, prefer IT-only
657 models over IT+PT when available, as preference tuning reverses
658 nearly half of IT’s ranking quality gains. (3) Pairwise evaluations
659 should apply tie redistribution calibration when tie rates substan-
660 tially exceed expected levels (>5% inflation), to recover masked
661 quality differences. (4) A small calibration set (~40% of evalua-
662 tion data with human gold labels) suffices for effective bias correction.

663 **Limitations and future work.** Our study uses simulation rather
664 than real LLM outputs. While the distortion models are grounded
665 in the empirical findings of Sato et al. and related work on pos-
666 ition bias [12], sycophancy [11], and self-enhancement [7], valida-
667 tion with actual models across families (Llama, Mistral, Qwen) and
668 scales (7B–70B) is an essential next step. Additionally, our calibra-
669 tion methods assume access to a calibration set with human gold
670 labels, which may not always be available. Future work should
671 explore unsupervised calibration methods that detect and correct
672 alignment bias without gold labels, perhaps leveraging disagree-
673 ment patterns across multiple LLM judges. Finally, extending the
674 analysis to additional non-numeric formats—such as rubric-based
675 evaluation, aspect-level grading, and comparative ranking with
676 natural-language justifications—would provide a more complete
677 picture of alignment effects across the full spectrum of LLM eval-
678 uation modalities.

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